
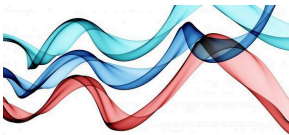
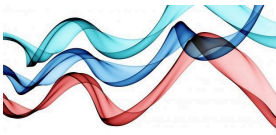
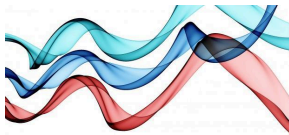


COCKE COUNTY SCHOOLS

September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
02  Barbecue Pork on Bun Lettuce/Tomato/Pickle French Fries Baked Beans Fruit Variety Milk: White, Chocolate, Strawberry	03 Hamburger Lettuce/Tomato/Onion/Pickles Baked Beans French Fries Fruit Variety Milk: White, Chocolate, Strawberry	04 Hot Dog with Chili Macaroni & Cheese Corn Fruit Variety Milk: White, Chocolate, Strawberry	05 Popcorn Chicken Wheat Roll Mashed Potatoes Sweet Potatoes Broccoli with Cheese Fruit Variety Milk: White, Chocolate, Strawberry	06 Chicken Sandwich Regular or Hot & Spicy Lettuce/Tomato/Pickle Fresh Carrots with Dip Doritos Fruit Variety Milk: White, Chocolate, Strawberry
09 Barbecue Pork on Bun Lettuce/Tomato/Pickle French Fries Baked Beans Fruit Variety Milk: White, Chocolate, Strawberry	10 Orange Chicken or Sweet & Sour Chicken Egg Roll Glazed Carrots Fried Rice with Vegetables Fruit Variety Milk: White, Chocolate, Strawberry	11 Taco Salad Lettuce/Tomato Shredded Cheese Tortilla Chips Refried Beans Salsa Corn Fruit Variety Milk: White, Chocolate, Strawberry	12 Baked Chicken Bites Wheat Roll Mashed Potatoes Steamed Broccoli with Cheese Sweet Potatoes Fruit Variety Milk: White, Chocolate, Strawberry	13 Pizza Garden Salad Doritos Fruit Variety Milk: White, Chocolate, Strawberry
16 Hot Dog with Chili Baked Beans French Fries Fruit Variety Milk: White, Chocolate, Strawberry	17 Baked Tender Chicken Bites Pinto Beans Turnip Greens Coleslaw Cornbread Fruit Variety Milk: White, Chocolate, Strawberry	18 Chicken Sandwich Regular or Hot & Spicy Lettuce//Tomato/Pickles Corn Green Beans Fruit Variety Milk: White, Chocolate, Strawberry	19 Popcorn Chicken Wheat Roll Mashed Potatoes Peas Glazed Carrots Fruit Variety Milk: White, Chocolate, Strawberry	20 Pizza Garden Salad Fresh Carrots with Dip Fruit Variety Milk: White, Chocolate, Strawberry
23 Golden Corn Dog Nuggets Baked Beans French Fries Fruit Variety Milk: White, Chocolate, Strawberry	24 Breakfast for Lunch: Sausage, Chicken or Steak Biscuit with Gravy Tater Tots Baked Apples Grape Tomatoes Fruit Variety Milk: White, Chocolate, Strawberry	25 Pizza Green Beans Glazed Carrots Fruit Variety Milk: White, Chocolate, Strawberry	26 Spaghetti with Meat Sauce Garlic Bread Garden Salad California Blend Fruit Variety Milk: White, Chocolate, Strawberry	27 Hamburger Lettuce Tomato/Onion/Pickles Corn Baked Cheetos Fruit Variety Milk: White, Chocolate, Strawberry
30 Peanut Butter & Jelly or Grilled Cheese Sandwich String Cheese Fresh Carrots Grape Tomatoes Cheez-Its Fruit Variety Milk: White, Chocolate, Strawberry	 <p><u>This institution is an equal opportunity provider.</u></p>	 	 	<p>All Students Eat Breakfast and Lunch at No COST</p> <p><i>*Menu subject to change</i></p>

COCKE COUNTY SCHOOLS

September Weekly Breakfast Menu

Day of the Week	Combo #1	Combo #2
Monday	Sausage Biscuit with Gravy Fruit Juice Milk	Cereal Variety Muffin or PopTart Fruit Juice Milk
Tuesday	Pancake Wrap or Pancake with Syrup Bacon Fruit Juice Milk	Cereal Variety Muffin or PopTart Fruit Juice Milk
Wednesday	Chicken or Steak Biscuit with Gravy Fruit Juice Milk	Cereal Variety Muffin or PopTart Fruit Juice Milk
Thursday	Scrambled Eggs & Bacon with Toast Or Oatmeal with Toast Fruit Juice Milk	Cereal Variety Muffin or PopTart Fruit Juice Milk
Friday	Sausage Biscuit with Gravy Fruit Juice Milk	Cereal Variety Muffin or PopTart Fruit Juice Milk

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

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1. mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax:
(833) 256-1665 or (202) 690-7442; or
3. email:
Program.Intake@usda.gov

*Menu subject to change



Coke County Schools

Moving Mountains. Achieving Success.